

Kentucky Diabetes Connection



The Communication Tool for Kentucky Diabetes News

AACE

American Association of
Clinical Endocrinologists
Ohio River Regional Chapter

ADA

American Diabetes
Association

DECA

Diabetes Educators
Cincinnati Area

GLADE

Greater Louisville Association
of Diabetes Educators

JDRF

Juvenile Diabetes Research
Foundation International

KADE

Kentucky Association of
Diabetes Educators

KEC

Kentuckiana Endocrine Club

KDN

Kentucky Diabetes
Network, Inc.

KDPCP

Kentucky Diabetes Prevention
and Control Program

TRADE

Tri-State Association of
Diabetes Educators

A Message from Kentucky Diabetes Partners

WORLD DIABETES DAY IN KENTUCKY A MESSAGE FROM KENTUCKY'S DEPUTY COMMISSIONER



*Steve Davis, MD, Senior Deputy State Health
Officer, Deputy Commissioner, Department
for Public Health, Frankfort, KY*

From turning a courthouse blue... to mayoral and county proclamations... to television news interviews... to continuing education seminars for professionals... to diabetes programs and expos for people with diabetes ... to scads of newspaper articles... **Kentucky was extraordinarily busy during the month of November increasing awareness about diabetes and WORLD DIABETES DAY!!**

For years, we have known that Kentucky as well as our nation carried the burden of diabetes – both in terms of people suffering with the disease as well as great financial costs. And now diabetes is gaining recognition as a pandemic across the entire world!

The United Nations General Assembly passed a landmark Resolution (United Nations Resolution 61/225) recognizing diabetes as a chronic, debilitating, and costly disease associated with major complications that pose severe risks for families, countries and the entire world.

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WHAT'S INSIDE!

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- ➔ **CERTIFIED DIABETES EDUCATOR MEDICARE REIMBURSEMENT BILL—P. 6 AND MORE....**

WORLD DIABETES DAY IN KENTUCKY!!

Continued from front page

For the first time ever, governments have acknowledged that a non-infectious disease poses as serious a threat to world health as infectious diseases like HIV/AIDS, Tuberculosis, or Malaria. The United Nations Resolution designated November 14th as **World Diabetes Day** to be observed every year starting this year. This resolution calls on all nations to develop national policies for the prevention, treatment, and care of diabetes in line with sustainable development of their healthcare systems.

November 14, 2007 is just the beginning. There are two main challenges that need to be addressed: the prevention of diabetes itself, and the prevention of complications in those affected by diabetes – now numbering almost 250 million or roughly 6% of the world's adult population.

The development of national policies for the prevention of diabetes will create many challenges, not the least of which will be to understand better the environmental and societal factors that are driving what has been called the epidemic of the 21st century.

The real beneficiaries of the United Nations Resolution will ultimately be people living with diabetes, their families and those at risk for diabetes. Passing the United Nations Resolution, while monumental for the diabetes world, is just the first step. While many events took place on or around World Diabetes Day itself, our activities toward the prevention and control of diabetes must be spread over the whole year. Please keep this in mind as you continue your work to improve diabetes care and prevention in Kentucky!

ACTIVITIES RECOGNIZING WORLD DIABETES DAY IN KENTUCKY, 2007



*Article in Newspaper Shows Courthouse in Richmond, KY
Lit Up in Blue in Recognition of World Diabetes Day*



*Articles in Newspapers Across Kentucky in
Recognition of World Diabetes Day*



*Proclamations in Recognition of World Diabetes Day
Signed in Adair, Casey, Clinton, Cumberland, Green,
Pulaski, Russell, Taylor and Wayne Counties*

WORLD DIABETES DAY IN KENTUCKY!!



*Diabetes Proclamation Signed in Taylor County in Recognition of World Diabetes Day
Left to right: Taylor County Judge Executive Eddie Rogers, Mayor Brenda Allen, Diabetes Coordinator Jennifer Dixon and Diabetes Educator Destiny Burton*



219 Professionals Attended Diabetes: Solving the Management Puzzle in Louisville, Kentucky in Recognition of World Diabetes Day



*Diabetes Proclamation Signed in Pulaski County in Recognition of World Diabetes Day
Front left to right: Pulaski County Judge Executive Bery Bullock, Mayor Eddie Girdler, Back left to right: Diabetes Coordinator Jennifer Dixon and Diabetes Educator Jamie Lee*



Theresa Renn, Director of the KY Diabetes Prevention and Control Program Welcomes Attendees of Diabetes: Solving the Management Puzzle Held in Recognition of World Diabetes Day

KENTUCKY DIABETES SOLUTIONS SUMMIT — JANUARY 7, 2008

MAKE PLANS TO ATTEND!

Submitted by: Carol Czirr Russell, Conference Coordinator, Public Precedent, Inc., Lexington, KY, carol@publicprecedent.org

Former United States Congressman and Speaker of the House, Newt Gingrich, will address the Kentucky Diabetes Solutions Summit at 2 PM, Monday, January 7 at Lexington's Marriott Griffin Gate Resort.

The **Diabetes Solutions Summit** (www.publicprecedent.org) will be a gathering of government officials, health care professionals, and diabetes advocates who will discuss strategies for dealing with one of the world's deadliest and costliest diseases and one that affects an estimated 1 in 8 Kentuckians. **THE PUBLIC IS INVITED TO ATTEND.**

Honorary co-chairpersons for the **Kentucky Diabetes Solutions Summit** are Al Smith, journalist and recently retired host of KET's **Comment on Kentucky** and Sylvia Lovely, Executive Director of the Kentucky League of Cities.

Other confirmed **Summit** speakers include Ann Albright, PhD, RD, Director of the Division of Diabetes Translation for the Centers for Disease Control and Prevention; former Miss America Nicole Johnson, host of CNBC's dLifeTV; Dr. Francine R. Kaufman, author of **Diabesity: A Doctor and Her Patients on the Front Lines of the Diabetes-Obesity Epidemic**; Crystal Jackson, Manager of Legal Advocacy, American Diabetes Association; and Bob Ingram, former Vice Chairman of GlaxoSmithKline.

Gingrich is founder of the **Center for Health Transformation**, a collaboration of leaders dedicated to the creation of a 21st century intelligent health system that saves lives and saves money. He is also the founder of the **Gingrich Group**, a communications and consulting firm specializing in transformational change. He serves as a political analyst for FOX News Network, a senior fellow at the American Enterprise Institute in Washington, D.C., and a distinguished visiting fellow at the Hoover Institution at Stanford University in Palo Alto, California.

A highly sought-after public speaker and world-renowned strategist, Gingrich served as a member of Congress for twenty years and as Speaker of the U.S. House of Representatives from 1995-1999. **TIME**

Magazine named him "Man of the Year for 1995", and said, "Leaders make things possible. Exceptional leaders make them inevitable. Newt Gingrich belongs in the category of the exceptional."

The public is invited to attend the Kentucky Diabetes Summit. There is a \$50.00 advanced registration fee. Register online at www.publicprecedent.org <<http://www.publicprecedent.org>> or by calling 859-492-4501.

GlaxoSmithKline is the founding sponsor of the Kentucky Diabetes Solutions Summit. Other sponsors are the Kentucky League of Cities, The Lane Report, the American Diabetes Association, Amylin, Kentucky Educational Television, DaVita, Sanofi-Aventis, the Kentucky Diabetes Network, Novo Nordisk and Babbage CoFounder

Kentucky Diabetes Solutions Presenters



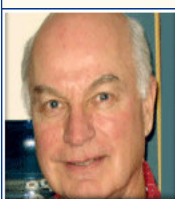
Newt Gingrich
Center for Health Transformation

Former Speaker of the House, Newt Gingrich, is the founder of the **Center for Health Transformation**, a collaboration of leaders dedicated to the creation of a 21st century intelligent health system that saves lives and saves money. Gingrich served as a Member of Congress for twenty years and as Speaker of the U.S. House of Representatives from 1995-1999.



Ann Albright
Centers for Disease Control

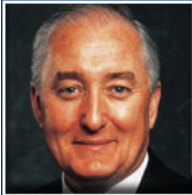
Dr. Ann Albright assumed the post of Director, Division of Diabetes Translation (DDT), Centers for Disease Control and Prevention (CDC) in January, 2007. As director, Dr. Albright leads a team of more than 100 who strive to eliminate the preventable burden of diabetes through leadership, research programs, and policies that translate science into practice.



Jay Hedlund
Novo Nordisk

Jay Hedlund manages the **Medicare Diabetes Screening Project: A National Drive to Find the Undiagnosed** for Novo Nordisk Inc. The goal of the project is to promote utilization of free Medicare diabetes prevention screening benefits for the more than 16 million beneficiaries with undiagnosed diabetes or pre-diabetes.

KENTUCKY DIABETES SUMMIT SPEAKERS (CONTINUED)



Robert A. Ingram
GlaxoSmithKline

Mr. Robert A. Ingram serves as Vice Chairman Pharmaceuticals at GlaxoSmithKline, and previously served as the Chief Operating Officer and President of Pharmaceutical operations.



Nicole Johnson
CNBC - dLifeTV

Nicole Johnson, Miss America 1999, is an international diabetes advocate. She travels extensively promoting awareness, prevention, and early detection of the condition she shares.



Francine Kaufman
Keck School of Medicine

Francine Kaufman, MD, has published more than 220 peer-reviewed and invited articles. She is the author of more than 30 books or book chapters. In 2005 her book, *Diabesity*, was published by Bantam.



Sylvia Lovely
Honorary Co-Chairman

Sylvia L. Lovely was born in "city hall" so perhaps it was destiny that she is one of the country's most provocative voices on leadership, personal responsibility, and community engagement.

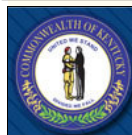


Al Smith
Honorary Co-Chairman

Al Smith has served as host and producer of *Comment on Kentucky* for the past 33 years through KY Educational Television (KET). He served as head of the Appalachian Regional Commission under Presidents Carter and Reagan from 1979-1982.

**Mark Your Calendar Now and
Make Plans to Attend!!**

KENTUCKY BOARD OF NURSING APPOINTS MEDICATION TASK FORCE *TASK FORCE WILL AFFECT DIABETES CARE IN SCHOOLS*



KENTUCKY BOARD OF NURSING

Submitted by: Sharon Eli Mercer, MSN, RN CNA, BC, Nursing Practice Consultant, Kentucky Board of Nursing, Louisville, KY

Note: This serves as an update to an article appearing in the Spring, 2007 edition of this newsletter

The Kentucky Board of Nursing (KBN) recently appointed a six member task force to review the administration of medications by unlicensed persons, especially as it affects the provision of medication (insulin) for children in the school setting. The task force met for the first time on November 29th and its members include:

Dr. Jimmy Isenberg, Chairperson, KBN Board Member; Catherine Hogan, RN, KBN Board Member; Debra Phillips, LPN, KBN Board Member; Karen Erwin, KY School Nurse Consultant; William Twyman, Retired School Superintendent; and Melissa Mudd, Parent.

There will also be a subcommittee appointed with 12-14 members who will work closely with the task force. At the meeting in November, the task force developed a list of potential "category members" who will be asked to serve on the subcommittee. The Kentucky Board of Nursing will soon be contacting the groups and individuals within "identified categories". The letters to the potential subcommittee members will be mailed the first of December. This task force and the subcommittee that will work with it will be focused on school medication issues which will include diabetes care.

**WATCH THIS NEWSLETTER
FOR MORE INFORMATION!**

CERTIFIED DIABETES EDUCATOR REIMBURSEMENT TAKE ACTION NOW!

The *Diabetes Self-Management Training Act of 2007 (H.R. 4218)* was reintroduced in the House of Representatives on November 15 by House Diabetes Caucus chairs, Diana DeGette (D-CO) and Mike Castle (R-DE). This is the first step in a long legislative process.

H.R. 4218 calls for the immediate recognition of Certified Diabetes Educators (CDEs) as Medicare providers. If passed, the CDE who is a state licensed or registered healthcare professional would be reimbursed directly by Medicare for providing diabetes self-management training (DSMT). The bill also works to increase education and outreach to primary care physicians about the importance of DSMT.

After intense lobbying by the American Association of Diabetes Educators (AADE), *H.R. 4218, the Diabetes Self-Management Training Act of 2007* now has a chance to become law.

Your involvement is critical to the success of this proposed legislation. It is important to urge your Representatives to support this bill.

TAKE ACTION NOW!

Send your member of Congress an e-mail or letter urging their support and co-sponsorship of H.R. 4218. If you are a member of AADE, you can do this by going to:

The AADE Member Center - <http://www.diabeteseducator.org/>; Go to the Policy and Advocacy pull down menu; Click on the Advocacy Action Center; and Take Action on HR 4218.

Or, contact your congressman directly by going to this website: http://www.house.gov/house/MemberWWW_by_State.shtml#ky

[Chandler, Ben](#), Kentucky, 6th
[Lewis, Ron](#), Kentucky, 2nd
[Whitfield, Ed](#), Kentucky, 1st
[Davis, Geoff](#), Kentucky, 4th
[Rogers, Harold](#), Kentucky, 5th
[Yarmuth, John A.](#), Kentucky, 3rd

Medicare Diabetes Self-Management Training Act of 2007 EXCERPT

SEC. 3. RECOGNITION OF CERTIFIED DIABETES EDUCATORS AS CERTIFIED PROVIDERS FOR PURPOSES OF MEDICARE DIABETES OUTPATIENT SELF-MANAGEMENT TRAINING SERVICES.

(a) In General- Section 1861(qq) of the Social Security Act (42 U.S.C. 1395x(qq)) is amended--

(1) in paragraph (1), by inserting 'or by a certified diabetes educator (as defined in paragraph (3))' after 'paragraph (2)(B)'; and
(2) by adding at the end the following new paragraphs:

'(3) For purposes of paragraph (1), the term 'certified diabetes educator' means an individual who--

'(A) is licensed or registered by the State in which the services are performed as a health care professional;

'(B) specializes in teaching individuals with diabetes to develop the necessary skills and knowledge to manage the individual's diabetic condition; and

'(C) is certified as a diabetes educator by a recognized certifying body (as defined in paragraph (4)).

'(4)(A) For purposes of paragraph (3)(B), the term 'recognized certifying body' means--

'(i) the National Certification Board for Diabetes Educators, or

'(ii) a certifying body for diabetes educators, which is recognized by the Secretary as authorized to grant certification of diabetes educators for purposes of this subsection pursuant to standards established by the Secretary,

if the Secretary determines such Board or body, respectively, meets the requirement of subparagraph (B).

'(B) The National Certification Board for Diabetes Educators or a certifying body for diabetes educators meets the requirement of this subparagraph, with respect to the certification of an individual, if the Board or body, respectively, is incorporated and registered to do business in the United States and requires as a condition of such certification each of the following:

'(i) The individual has a qualifying credential in a specified health care profession.

'(ii) The individual has professional practice experience in diabetes self-management training that includes a minimum number of hours and years of experience in such training.

'(iii) The individual has successfully completed a national certification examination offered by such entity.

'(iv) The individual periodically renews certification status following initial certification.'

(b) GAO Study and Report-

(1) STUDY- The Comptroller General of the United States shall conduct a study to identify the barriers that exist for Medicare beneficiaries with diabetes in accessing diabetes self-management training services under the Medicare program, including economic and geographic barriers and availability of appropriate referrals and access to adequate and qualified providers.

(2) REPORT- Not later than 1 year after the date of the enactment of this Act, the Comptroller General of the United States shall submit to Congress a report on the study conducted under paragraph (1).

(c) AHRQ Development of Recommendations for Outreach Methods and Report-

(1) DEVELOPMENT OF RECOMMENDATIONS- The Director of the Agency for Healthcare Research and Quality shall, through use of a workshop and other appropriate means, develop a series of recommendations on effective outreach methods to educate primary care physicians and the public about the benefits of diabetes self-management training in order to promote better health outcomes for patients with diabetes.

(2) REPORT- Not later than 1 year after the date of the enactment of this Act, the Director of the Agency for Healthcare Research and Quality shall submit to Congress a report on the recommendations developed under paragraph (1).

(d) Effective Date- The amendments made by subsection (a) shall apply to diabetes outpatient self-management training services furnished on or after the first day of the first calendar year that is at least 6 months after the date of the enactment of this Act.

**DATE FOR DIABETES DAY AT THE CAPITOL CHANGES
—FEBRUARY 21ST NEW DATE—
MARK YOUR CALENDAR TO ATTEND!**

Diabetes Day at the Capitol

Save This Date!

February 21st, 2008



Who should come?

Anyone interested in the prevention or control of diabetes in Kentucky



What? Skills Training

A day sponsored by the Kentucky Diabetes Network to visit our legislators



When? *Tentative Agenda

8:00 am — Registration

8:30–10:00 am — Skills Training

10:00 am — Meet w/ Legislators

2:00 pm — Legislative Session



Where?

At the Capitol Annex, Frankfort

More Information to Follow!

Call Deborah Fillman 270-852-5581 or Deborah.fillman@ky.gov



SHARING RESOURCES – KENTUCKY VISION PROJECT

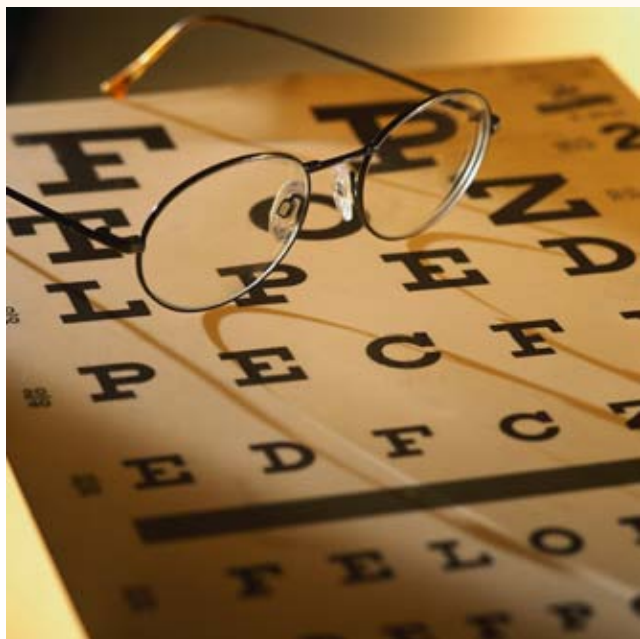
Submitted by: *Jamie Lee, RN, Diabetes Educator,
Cumberland County Health Center, Burkesville, KY*

As we are assisting our patients along the road of diabetes self-management, we often run into financial stumbling blocks. One barrier that we frequently encounter is the payment of annual dilated eye exams. As diabetes educators, we teach that eye exams are an important part of diabetes care, yet so often our patients tell us that they haven't had the exam because of their inability to pay for it or for their prescribed glasses.

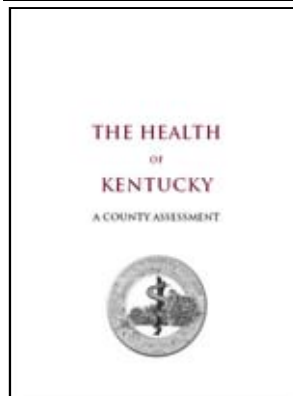
One resource that we have used to help our patients obtain a dilated eye exam is the **Kentucky Vision Project** which is a program that provides eye exams and glasses to low income families. It is funded solely by private donations. Applicants are screened for eligibility based on the federal poverty guidelines. Once approved, the individual is assigned to a participating optometrist in their county (or nearest county). If glasses are needed, the patient will be asked to make a \$25 donation.

More detailed information regarding the **Kentucky Vision Project** can be found at their website: www.bell-whitley.org/pages/kentucky-vision-project and an application can be obtained at www.kyeyes.org.

By working together and sharing resources, there will be no hurdle that we cannot overcome!



KENTUCKY INSTITUTE OF MEDICINE RELEASES DOCUMENT OF COUNTY BY COUNTY HEALTH ASSESSMENTS



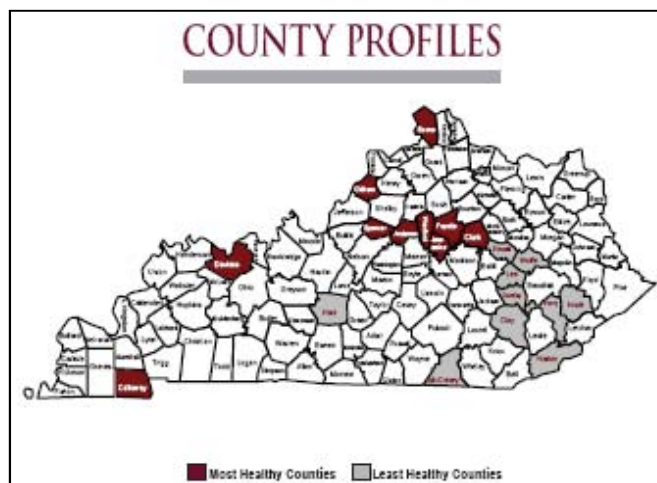
The Kentucky Institute of Medicine (KIOM) has issued a report entitled *The Health of Kentucky, A County Assessment*. The report, funded in part by the Foundation for a Healthy Kentucky, is "a composite picture of the health of Kentucky's counties." The findings are grouped by behavioral and social factors,

demographics, access to health care information and health outcomes. Strengths, challenges and outliers for all 120 counties are listed in addition to specific data. The report also describes successful health projects and lists sources of information and policy recommendations.

To view the report and county assessments, go to <http://admin.cms2005.com/docServer.aspx?f=NjM2ODA3MDk=>

Top 10 Most Healthy Counties

County	Rank
Oldham	1
Boone	2
Jessamine	3
Anderson	4
Woodford	5
Fayette	6
Spencer	7
Daviess	8
Calloway	9
Clark	10



CULTURE CLUES TOOLS OFFERED FREE TO KENTUCKY DIABETES PROFESSIONALS

Have you ever found it difficult to reach some diabetes patients whereby they begin taking better care of themselves? One barrier that may keep educators from actively engaging a person to change behavior may lie in our cultural understanding of that person and their background.

The University of Washington Medical Center has developed tip sheets with information regarding various cultures called **Culture Clues** and they have offered these tools for our use free of charge. The **Culture Clues** are designed for clinicians to increase awareness about concepts and preferences of patients from diverse cultures. The website to obtain copies of the tools is <http://depts.washington.edu/pfes/cultureclues.html>. For more information, phone 206-598-7498 or email pfes@u.washington.edu.

Permission to Reprint

Culture Clues™ are copyrighted by the University of Washington Medical Center. You have permission to reproduce the **Culture Clues™** for your project under the following copyright conditions.

- Include the copyright authorship information and date on any reprints you publish.
- If you make any adaptation, please include the text: "Adapted from **Culture Clues™**, University

of Washington Medical Center (date)."

- Send a letter on your organization's letterhead indicating your agreement to these copyright conditions, and your intended use of the **Culture Clues™**.

- Mail the letter to:

Patient and Family Education Services
1959 N.E. Pacific Street
Box 358126
Seattle, WA 98195

Culture Clues Tip Sheets Include:

- African American
- Albanian
- American Indian/Alaska Native
- Chinese
- Deaf
- Hard-of-Hearing
- Korean
- Latino
- Russian
- Somali
- Vietnamese

End-of-Life Care:

- The Latino Culture
- The Russian Culture
- The Vietnamese Culture

Culture Clues™

Patient and Family Education Services



Communicating with Your Hard-of-Hearing Patient

Methods of Communication • Environmental/Sensory Barriers • Communication Barriers

Culture Clues™ is designed to increase awareness about concepts and preferences of patients from the diverse cultures served by University of Washington Medical Center. Every person is unique; always consider the individual's beliefs, needs, and concerns. Use Culture Clues™ and information from the patient and family to guide your communication and your patient care.

How does your hard-of-hearing patient communicate?

- About one out of 10 people in the United States has hearing loss. Half of the people with hearing loss are older adults. If you think that your patient may be having difficulty understanding you, assess whether your patient is hard-of-hearing.
 - One strategy to assess whether hearing loss is a problem is to give a simple instruction to your patient, then ask, "Just to be sure that you understand, could you repeat back the information?"
- For patients who wear hearing aids, check to see if they are turned on and if they are working.
- Adjust your communication to ensure that your patient can hear you by talking slower.
- Do not assume that when a hard-of-hearing person does not give an acknowledgment, that they have heard or understood you. Your patient may be too shy to present to explain later.
- Use open-ended questions to make sure that your patient has understood.

How do I limit the environmental and sensory barriers to communication with hard-of-hearing patients?

- Hard-of-hearing individuals may be tired or ill.
- Make sure that you have attention before speaking. Tap your patient on the shoulder, wave, flick a light, or use another visual signal.
- Sit closer to your patient. To improve their ability to see you if they rely on lip reading, this will also help with voice levels and minimize the effects of distant sounds.
- Be sure to speak clearly, using your regular voice volume and lip movement. Maintain eye contact when you speak. If you turn your head, you could obscure the view of your face. Avoid standing in front of a light or a window. Position yourself so that the light is shining on your patient. Overhead lighting limits shadows.
- When speaking to your patient, don't place things such as pencils, gum, or food in your mouth. Remove your face mask before speaking. Be aware that mustaches can create difficulty with lip reading.
- Taking notes or writing in the chart while talking with your hard-of-hearing patient can block the view of your face.
- For patients who are hard-of-hearing, close the door to limit background noise. Be aware of equipment noises in the rooms and hallways and, when possible, find a quiet place to speak with your hard-of-hearing patient.

Culture Clues™

Patient and Family Education Services



Communicating with Your African American Patient

Perception of Illness • Patterns of Kinship and Decision Making • Comfort with Touch

Culture Clues™ is designed to increase awareness about concepts and preferences of patients from the diverse cultures served by University of Washington Medical Center. Every person is unique; always consider the individual's beliefs, needs, and concerns. Use Culture Clues™ and information from the patient and family to guide your communication and your patient care.

Be aware that there is variability in this ethnic group in their health care seeking and health promotion behaviors. There are differences based on age, education, and place of birth. Sources of these varying beliefs may include: beliefs brought from Africa which survived the slave trade, carryovers of western explanations of illness current during slavery, and modern medical theories and practices.

How does the African American patient deal with illness?

Explaining the Cause of Illness

- Your patients may believe illness is a result of: natural causes, improper diet, bad habits, exposure to cold air or wind, and the will of God for improper behavior.
- Religion, spirituality, and kinship ties may have an important role in the understanding and treatment of illness. Any type of illness, physical or mental, may be seen as a lack of spiritual strength.
- You may be surprised about how long it takes before your patient seeks medical care. Some patients may prefer self-treatment as giving God a chance to heal.
- Some of your older patients may seek care from folk healers, spiritual healers, and prayer to treat illness, as well as western medical treatments. Patients from some cultures may prefer spiritual elders, herbs, and rituals. Look for ways to combine folk remedies with western medicine. Determine when the remedies are beneficial, neutral, or harmful. Determine when the remedies are beneficial and neutral remedies into the plan of care. Consider potential drug interactions.

How are medical decisions made in African American culture?

Making Decisions About Health Care

- Your patients' decision process may follow three phases:
 1. Wait and see how illness develops.
 2. Discuss treatment alternatives with people within their family, community, or church;
 3. Seek medical care from a doctor or health care provider.

Participation in Clinical Trials

- Your patients may have a significant distrust or fear about entering clinical trials because of notable historical injustices in medical care research.
- Discuss the research in detail with patients and family. Spell out the safeguards that are in place to prevent abuse of research participants.

Managing Medical News

- Assess and acknowledge the significance of spirituality; avoid dominating the content of the discussion, and offer choices for treatment options.
- Spend time with your patients and ask about their health beliefs.
 - Ask your patients about key individuals in their community who might be available to assist in supporting/supplementing key recommended medical regimens.
- Be available to consult with your patients' family, minister, and/or friends in cases of serious or terminal illness, especially at the time the illness is being explained.
- Determine if there is a match between your explanation of the causes and likely course of the illness and that of your patients. If there is a mismatch, many patients from this culture will rely on their own explanations before those of medical professionals.
- Even during adversity, many African Americans find solace in a good laugh or playful kidding. Occasional bursts of laughter may seem out of character to the severity of the situation if you are not used to African American culture.

R. STEWART PERRY, OF LEXINGTON, KY, ELECTED CHAIR OF THE BOARD, AMERICAN DIABETES ASSOCIATION

Submitted by: Lisa Edwards, American Diabetes Association, Kentucky Office, Lexington, KY

The American Diabetes Association (ADA), has announced that R. Stewart Perry of Lexington, KY, was elected Chair of the Board for the national organization!

As Chair of the Board, Perry will be responsible for the oversight of the ADA's affairs. He will work closely with the President, Medicine & Science and the President, Health Care & Education on various activities/programs of the Association. He will also serve as the principal spokesperson and advocate for the Association regarding policy, goals, direction and management of the Association.

Perry has been a dedicated advocate of the ADA's mission and an active leader within the Association since he was diagnosed with type 2 diabetes in 1990. He has served in local, regional and national roles including ADA's National Community and Volunteer Development Committee, Chair of the Association's Southern Region Board and Chair of ADA's National Advocacy Committee.

Passionate about advocacy, Perry was instrumental in passing legislation for diabetes care in schools in Hawaii, Kentucky, and Texas. In addition, he helped to advance stem cell research in California and Washington State as well as achieving a major court victory concerning employment discrimination against individuals with diabetes.

In addition to Perry's advocacy efforts with the ADA, he has also been a champion for fund raising. He actively recruits new participants for the ADA's fund-raising events and raises significant dollars to further the mission of the Association. Perry is also Chair of the Development Task Force where he reviewed funding sources of the ADA and developed new ways to build upon them.

Not only is Perry an active member of ADA, but he is highly involved in many additional community and

civic activities including the Chamber of Commerce, Better Business Bureau, Lexington Lions Club, Lexington Rotary Club and the Rolex Kentucky Three Day event. He is also a founding member of the Fayette County Diabetes Coalition, a member of the KY Diabetes Network, the "Get Fit KY" Board and the KY Diabetes Research Board.



*R. Stewart Perry, Chair of the Board,
American Diabetes Association*

Perry followed his father into a career as a State Farm Insurance agent in 1983 and has built their office into one of the largest agencies in KY. He attended the University of Kentucky, Lexington Community College and the American College, achieving a Life Underwriter Training Council Fellow designation.

The Mission of the American Diabetes Association is to prevent and cure diabetes and to improve the lives of all people affected by diabetes. For more information, please visit www.diabetes.org or call 1-800-DIABETES (1-800-342-2383).

* * * * *

CONGRESS FAILS TO OVERRIDE VETO ON BILL THAT INCLUDED DIABETES FUNDING

Submitted by Stewart Perry, National American Diabetes Association Chair of the Board, KDN member, Lexington, KY

The holiday spirit seems to be missing in Washington, D.C. as Congress and the Administration battle over the details of how much money to allocate to various spending bills. In November, the President vetoed the Labor, Health, and Education Appropriations Bill, which included diabetes funding for the Centers for Disease Control (CDC) and National Institutes of Health (NIH), stating that the bill exceeded his February budget request. The House failed to override the veto on a vote of 277-141, a mere two votes short of the two thirds needed. The ADA will continue to work hard to ensure diabetes funding is maintained.

SHERI LOGAN RECEIVES NATIONAL AMERICAN DIABETES ASSOCIATION'S DISTINGUISHED ACHIEVEMENT AWARD

Submitted by: Lisa Edwards, American Diabetes Association, Kentucky Office, Lexington, KY

The American Diabetes Association (ADA), announced that Sheri Logan, of Versailles, Kentucky, received the Association's prestigious *Outstanding Outreach Award for Distinguished Achievement* at the organization's Community Volunteer Leadership Conference and Annual Meeting on November 17, in St. Louis, Missouri.

The Outstanding Outreach Award for Distinguished Achievement is presented to an individual who has demonstrated in their community a significant and ongoing commitment to supporting ADA activities to provide information, raise awareness, recruit volunteers or facilitate other services to those affected by diabetes.

"On behalf of the American Diabetes Association, we are delighted to present this prestigious award to Sheri," commented John Buse, MD, PhD, President, Medicine & Science, American Diabetes Association. "Her contributions to the diabetes community and dedication to diabetes education directly support ADA's mission to prevent and cure diabetes and to improve the lives of all people living with diabetes."

Logan's son, Alex, was diagnosed with diabetes at 17 months old. As she wrestled with its emotional impact, she promised herself that she would find a way to prevent the other newly diagnosed families from feeling the same way. In fulfillment of her promise, she reaches out to other families of children with diabetes as Chair of Bluegrass Area Family Resource Network. Through her leadership, vision, and personal commitment, families in the area enjoy access to *Kids in Control Group* (a diabetes education program), *Family Fun Diabetes Day*, *Family Link* (a program for newly diagnosed families), and *School Advocacy* (an annual workshop).

Being a hands-on volunteer, Logan helps plan all the area youth events and personally sponsors craft activities and other youth gathering projects. She meets one-on-one with newly diagnosed families and

maintains regular contact with these families through the ongoing educational and outreach programs offered to over 200 families in the Bluegrass Area. In addition, an accomplished fund raiser, Logan serves on the *Stand Up for Diabetes Gala* committee. As a team captain for *Step Out to Fight Diabetes* (formerly America's Walk for Diabetes), she has personally raised more than \$40,000 since 2002.



Sheri Logan from Kentucky was recipient of the National American Diabetes Association's Distinguished Achievement Award

Logan earned her undergraduate degree in Elementary Education from the University of Kentucky and a Master's degree in Elementary Education from Georgetown College. She has been a teacher for 17 years and currently teaches first grade at Southside Elementary in Kentucky.



2008 DIABETES WALK PLANNED FOR LEXINGTON

Mark Your Calendar! The American Diabetes Association's *Step Out to Fight Diabetes* has been set for May 31, 2008 at Keeneland Race Course. For more information, contact Lisa Edwards at 859-268-9129 or ledwards@diabetes.org.



Certified Diabetes Educator 2008 Examination Dates Set

For 2008*, the Certified Diabetes Educator (CDE) Examination dates are:

Spring Examination: Saturday, May 3, 2008
Application Postmark Deadline: January 15, 2008

Fall Examination: Saturday, October 25, 2008
Application Postmark Deadline: July 15, 2008

**2008 Certification Handbook now available. Do not apply for the 2008 Examination using the 2007 Certification Handbook/Application.*



Obtain an Application for the Certification Examination

The 2008 Certification Handbook (and Application) is now available via download and mail. To obtain the 2008 Handbook via mail, send a request including your mailing address, telephone, facsimile or e-mail to NCBDE's testing agency, Applied Measurement Professionals (AMP) (see address below). The handbook and application will be sent to you free of charge.

Applied Measurement Professionals, Inc.
ATTN: NCBDE Coordinator
18000 West 105th Street
Olathe, KS 66061-7543
Phone 913 895-4600
Fax 913 895-4651
(e-mail) [mailto:info@goamp.com?subject= 2008 CDE Application and Handbook](mailto:info@goamp.com?subject=2008+CDE+Application+and+Handbook)

PURCHASE AREA DIABETES COALITION PARTICIPATES IN CHRISTMAS PARADE

Submitted by Deanna Leonard, RN, Kentucky Diabetes Prevention and Control Program of the Purchase District Health Department, TRADE member, Paducah, KY

Parents in the Purchase area have formed a new children's support group for diabetes and three families have stepped up to the plate to plan the meetings and activities. One of the groups most recent activities was building a diabetes float for diabetes awareness and participating in the Christmas parade.



Purchase Area Children's Support Group for Diabetes Participates in a Christmas Parade by Building a Diabetes Awareness Float

LAKE CUMBERLAND HEALTH EXPO A SUCCESS!

Submitted by: Jennifer Dixon RN, BSN, Diabetes Coordinator, Kentucky Diabetes Prevention and Control Program, Lake Cumberland District Health Department, Somerset, KY, KDN member

The 2nd Annual Lake Cumberland Health Expo, was held on November 19th and probably set a record for attendance as over 700 people visited over 40 booths representing a myriad of community and health related services. Attendees took advantage of the opportunity to meet with vendors as well as listen to guest speakers and gather information related to diabetes and other important health care topics.

Jennifer Dixon, Diabetes Program Coordinator, with the Kentucky Diabetes Prevention and Control Program of the Lake Cumberland District Health Department, is optimistic about the possibility of future expos. “The **Lake Cumberland Health Expo** would not be possible if not for the combined efforts of the Lake Cumberland District Health Department staff and our community and corporate partners. We are grateful for our other partners and the large turnout.”

“It was a great day,” said Peggy Tiller, Director of Nurses, at the Lake Cumberland District Health Department. Ms. Tiller also praised the Expos other corporate partners: *Monticello Medical Associates, New Wave Communications, ViaMedia, Commonwealth Journal, Southern KY Health and Fitness Magazine, KY Families Today, Lake Cumberland Regional Hospital, Lake 102 Radio, Monticello Banking Company, Life Scan Imaging, Abbott Diabetes Care, Pfizer, Novo Nordisk, Eli-Lilly and Company, Bluewater Springs, Subway, and PHRMA.*

Featured activities for the Expo included:

- Ongoing diabetes education classes led by *Dr. Nancy Morris, Dr. Tara Horn, Dr. Eric Ruby, Dr. Robert Blankenship, Dr. Pamela Jenson, Paula White, RD and Kristie Lafever, RN*
- Cooking demonstrations sponsored by Pampered Chef, Pulaski County Extension office and Cumberland Appliance Center
- Exercise demonstrations led by Lake Cumberland District Health Department’s Health Education team
- Free health screenings included bone density scans sponsored by Monticello Medical Associates, blood glucose screenings sponsored by Hometown Pharmacy, and diabetes foot assessments sponsored by Cumberland Foot and Ankle Center
- Free lipid panel voucher provided by Lake Cumberland Regional Hospital
- Free blood glucose testing meters provided by Hometown Pharmacy
- Free hand, foot, and neck massages and makeovers provided by Mary Kay and Mind and Body Connection
- Free lunch provided and dinner served to 250 attendees sponsored by PHRMA, Subway and Blue Water Springs
- Dinner entertainment provided by Northern Middle School Choir
- Diabetes walk hosted by Somerset Junior Women’s Club
- Door prize drawings held throughout the day



Diabetes Expo in Somerset, KY Sets Record for Largest Attendance with Over 700 People Attending

MAYBE WE CAN HELP!

A Message From the Kentuckiana JDRF Chapter
To Diabetes Professionals

WALK  TO CURE DIABETES



dedicated to finding a cure

*Submitted by: Scott Kelly,
Juvenile Diabetes Research
Foundation (JDRF)
Volunteer, Louisville, KY*

The Outreach Committee of the Kentuckiana Chapter of the Juvenile Diabetes Research Foundation (JDRF) is offering assistance to families of children with diabetes. The JDRF Kentuckiana Outreach Committee is made up of parents of children with Type 1 diabetes as well as members who have Type 1 diabetes themselves.

How we might be able to help...

- **Someone to Talk To (Mentor Program):** When a parent or child with Type 1 diabetes contacts us, we will connect them with one of our committee members that can relate directly to what they are going through.
- **Bag of Hope:** Provide a free specialized backpack for kids, filled with items that will help educate parents and comfort the child. Over 14,000 were distributed nationally in 2006. The free kits are available for newborns to age 12.
- **Support Groups:** Times and locations of support groups can be shared which can further help families with Type 1 diabetes cope and adjust to living with diabetes.
- **Updates on Research:** So much is changing daily regarding diabetes research and we can inform families with Type 1 diabetes what might lie ahead towards a cure.
- **Kentuckiana Chapter of JDRF:** If anyone is interested in becoming active in JDRF, we can tell them what JDRF is all about.

Our main goal is to provide first hand knowledge about living with Type 1 diabetes, so that a child or parent of a child with Type 1 diabetes can live a very normal life!

If you know of a child who is newly diagnosed with Type 1 diabetes, please share information regarding the services of the Kentuckiana JDRF chapter office (phone 502-485-9397).

JDRF was founded in 1970 and currently has over 100 chapters around the US and the world. JDRF has funded over \$1.6 billion in diabetes research. The goal of JDRF is simply to provide research funds that will eventually cure Type 1 diabetes.

JUVENILE DIABETES RESEARCH FOUNDATION INTERNATIONAL GALA

The Kentuckiana Chapter of The Juvenile Diabetes Research Foundation International

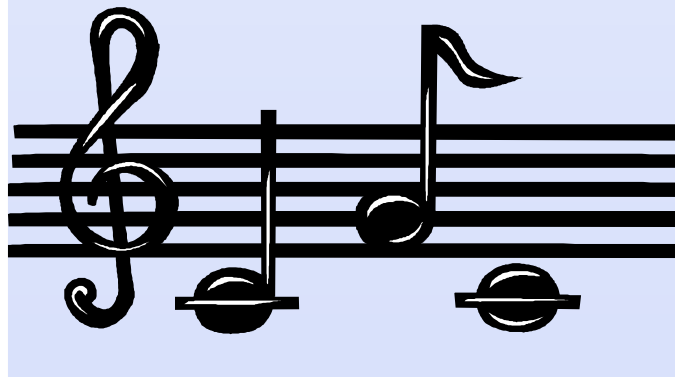
Invites You to Join Them at the Passport to the Orient Gala

**February 9, 2008 at
The Henry Clay
in Downtown Louisville**

The evening's schedule includes:

- ◆ **6 – 8 p.m. – Cocktails and Silent Auction**
- ◆ **8 p.m. – Dinner by The Silver Spoon Program and Live Auction Dancing to The Remedy**

Robert Shircliff, President and CEO of Jewish Hospital and St. Mary's HealthCare, Inc. is serving as the Gala Honorary Chair. For sponsorship and ticket information, call the JDRF office at (502) 485-9397 or (866)-485-9397.



CDC STUDY FINDS U.S. SCHOOLS MAKING PROGRESS IN DECREASING AVAILABILITY OF JUNK FOOD AND PROMOTING PHYSICAL ACTIVITY

However, More Progress Needed to Foster Health and Wellness of Students



CENTERS FOR DISEASE CONTROL AND PREVENTION

Submitted by: Centers for Disease Control and Prevention, National Center for Chronic Disease, Prevention and Health Promotion, Office of Communication, 770-488-5131

The nation's schools have made considerable improvements in their policies and programs to promote the health and safety of students, particularly in the areas of nutrition, physical activity and tobacco use, says a study by the Centers for Disease Control and Prevention (CDC). However, more needs to be done to strengthen school health and wellness policies and programs, according to CDC.

The School Health Policies and Programs Study (SHPPS) 2006, conducted by CDC and published in the October 2007 issue of the *Journal of School Health*, is the largest and most comprehensive study of health policies and programs in the nation's schools. Previous SHPPS were conducted in 1994 and 2000.

"Since the release of the previous SHPPS in 2000, America's schools have made significant progress in removing junk food, offering more physical activity opportunities, and establishing policies that prohibit tobacco use," said CDC Director Julie L. Gerberding, MD, MPH. "Our goal with this report is to provide health and education officials with useful information that will help them develop and improve programs that can have significant benefit for our school-aged children."

Major findings include:

- States prohibiting schools from offering junk foods in vending machines increased from 8 percent in 2000 to 32 percent in 2006, and the percentage of school districts doing so increased from 4 percent to 30 percent.
- Schools selling water in vending machines or school stores increased from 30 percent in 2000 to 46 percent in 2006.
- States that required elementary schools to provide students with regularly scheduled recess increased from 4 percent in 2000 to 12 percent in 2006 and the percentage of school districts with this requirement increased from 46 percent to 57 percent.
- Schools with policies that prohibited all tobacco use in

all school locations, including off-campus school-sponsored events, increased from 46 percent in 2000 to 64 percent in 2006.

- Schools that sold cookies, cake, or other high-fat baked goods in vending machines or school stores decreased from 38 percent in 2000 to 25 percent in 2006.
- Schools that offered salads a la carte increased from 53 percent in 2000 to 73 percent in 2006.

The percentage of schools that offered deep fried potatoes (French fries) a la carte decreased from 40 percent to 19 percent.

The 2006 SHPPS also identified several areas that need improvement including:

- Seventy-seven percent of high schools still sell soda or fruit drinks that are not 100 percent juice, and 61 percent sell salty snacks not low in fat (sold in their vending machines or school stores).
- Only 4 percent of elementary schools, 8 percent of middle schools, and 2 percent of high schools provided daily physical education or its equivalent for the entire school year for students in all grades.
- Overall, 22 percent of schools did not require students to take any physical education.

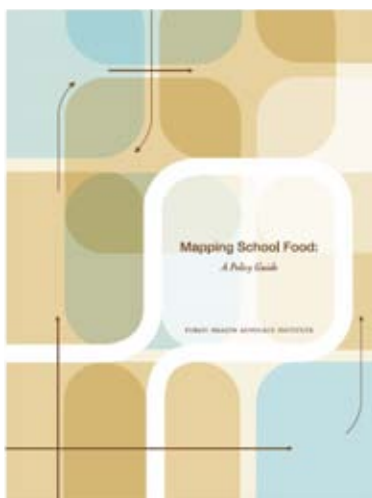
Currently, 36 percent of schools still do not have policies prohibiting tobacco use in all locations at all times.

"If we want to build on the improvements that schools have made over the past six years, we need to involve many people and programs," said Howell Wechsler, EdD, MPH., director of CDC's Division of Adolescent and School Health. "Families, schools, school boards, and school administrators all need to work together to develop and implement policies and programs that promote health and safety among our nation's young people."

SHPPS is a national survey conducted every six years to assess school health policies and programs at the state, district, school, and classroom levels. For more information about SHPPS 2006, including fact sheets that summarize study highlights and a summary of state education agency policies, visit www.cdc.gov/SHPPS.

MAPPING SCHOOL FOOD: A POLICY GUIDE

Improving the school food environment can be a difficult task, and understanding school food law and policy can be a barrier to getting started. Mapping School Food was written to help legislators, advocates, parents, teachers, and anyone interested in improving school food navigate school food law and policy.



Mapping School Food is an innovative guide that describes school food policy from the perspective of different personnel in the school system. It also provides tools to help advocates find answers, resolve conflicts, and build consensus for improving school food in their community.

Mapping School Food is available as a free resource at: <http://www.phaionline.org/wp-content/uploads/2007/11/mappingschoolfood.pdf>

LEADERS TRAINING AT LINCOLN TRAIL DISTRICT



FREE We Can! Leaders Training

We Can!, designed by the National Institutes of Health, gives parents the knowledge, skills and support they need to help their children (7-13 years old) eat better and move more. Get great tools and tips for leading this exciting 4-week series easily and effectively.

Wednesday, February 20th / 9:00 am – noon
Lincoln Trail District Health Department
108 New Glendale Road
Elizabethtown, KY

To register: Contact Amy Spalding Wheatley
Amy.wheatley@ky.gov
(270) 769-1601 Ext 1060

You'll receive:
Leader's guide
Parent's handbook
Promotional tools

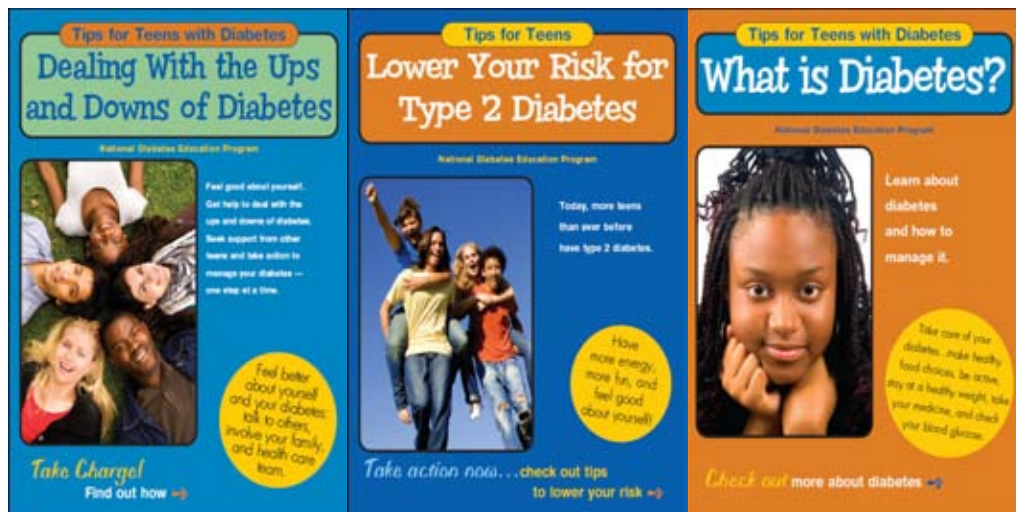
Led by:
Anita Courtney, M.S., R.D. /KY We Can! Coordinator

Sponsored by the KY Nutrition and Physical Activity Program



NEW NDEP RESOURCE: TIP SHEETS FOR TEENS

Unveiled on World Diabetes Day, the National Diabetes Education Program (NDEP) released its newest resource, revised ***Tips for Teens with Diabetes*** tip sheets. NDEP also introduced a new, interactive online quiz aimed at helping teens and their parents understand the importance of managing diabetes to reduce its complications. To view, download, and order the tip sheets and take the online quiz go to <http://www.ndep.nih.gov/diabetes/youth/youth.htm> or call 1-888-693-NDEP.



PARTNERSHIP FOR A FIT KENTUCKY

COALITIONS AND CONTACTS

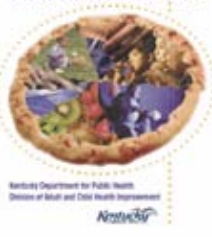
Submitted by Elaine Russell, Partnership for Fit Kentucky, Obesity Prevention Program Staff, Frankfort, KY

In 2003, the Kentucky Department for Public Health was awarded a Centers for Disease Control (CDC) grant called **The Nutrition and Physical Activity Programs for the Prevention of Obesity and Other Chronic Diseases**. Kentucky was one of 28 states to receive this funding. The *Partnership for a Fit Kentucky* is a public/private partnership which supports Kentucky's CDC grant. The focus of this group is building healthy nutrition and physical environments in five venues: Schools, Family and Communities, Worksites, Built Environment, and Healthcare.

Development of the State Action Plan

In August, 2004 the *Partnership for a Fit Kentucky* held nine regional obesity forums. Over 1300 participants gave their input on what their community currently was doing to combat

The Kentucky Nutrition & Physical Activity State Action Plan 2005



obesity and what they would like to see in the future in the context of CDC's six key strategies to prevent and control obesity: increase fruit and vegetable consumption, increase breastfeeding initiation and duration, increase physical activity, reduce TV viewing time, increase parental involvement and other dietary concerns. Each community developed their top 5 priorities. The *Partnership for a Fit Kentucky* used the results of the forums to develop Kentucky's Nutrition and Physical Activity State Action Plan which can be found at www.fitky.org. The strategies presented in the State Action Plan will increase physical activity and improve nutrition choices for all Kentuckians.



Regional Coalition Meetings

Regional Coalition	Contact Information
Eastern Ky Advocates for Wellness Ashland Boyd County Health Dept 2924 Holt Street Ashland, KY 41105	Sara Dunlap Sara.dunlap1@ky.gov 606-329-9444
North Central Kentucky Get Fit North Central District Health Depart 1020 Henry Clay Street Shelbyville, KY 40065	Linda Schweiss LindaC.Schweiss@ky.gov 502-845-2862
South Central Kentucky Get Fit Van Meter Insurance, 1240 Fairway St., Bowling Green (Behind Montana Grille)	Diane Sprowl DianeJ.Sprowl@ky.gov 270-781-8039 x 157
Get Fit West KY Green River District Health Department 1501 Breckenridge Street Owensboro, KY 42302	Debbie Fillman Deborah.Fillman@ky.gov 270-852-5581
REACT Kentucky Dam Village Gilbertsville, KY	MeMe Pardue pacsm@hesaenergy.net 1-800-264-0643
Bluegrass Region Fayette County Extension Office 1140 Red Mile Place, Room C Lexington, KY 40504	Janet Tietjen tietjen@uky.edu 859-257-1812
Northern Kentucky River Region Newport Peace Bell 421 Monmouth St. Newport, KY 41071	Mary Singler Mary.Singler@ky.gov 859-363-2083
Mayor's Healthy Hometown Movement Location To be announced	Leanne French Leanne.French@Louisvilleky.gov 502-574-6222
Getting Fit in the Cumberland's Lake Cumberland District Health Department 500 Bourne Avenue Somerset, KY 42539	Tracy Aaron Tracy.aaron@ky.gov 606-678-4761 ext 151 OR Lynett Renner Lynett.Renner@ky.gov 606-256-2242
Lincoln Trail District Hardin Memorial Hospital	Karen Blaklock kblaklock@hmb.net 270-706-1250 Roxanne True RoxanneQ.True@ky.gov 270-769-1601
Hazard Region UK Center for Rural Health 750 Morton Blvd. Room 407/419	Fran Feltner ffeltner@uky.edu 606-439-3557 x 83654

DIABETES EDUCATORS OFFER COMMUNITY PROGRAMS

Submitted by: Debbie Ousley, RN, CDE, Highlands Regional Medical Center, Prestonsburg, KY

The room was filled to capacity as Highlands Regional Medical Center hosted its Fall **Healthy Living with Diabetes** Program on September 22, 2007. More than 60 participants enjoyed the day and received information on diabetes, its complications, and management.

Pam Parker, nurse practitioner with Cumberland Cardiology, presented regarding the increased risk individuals with diabetes have for heart disease. She stressed the importance of following a healthy diet and exercise in preventing the development of diabetes complications. Chastity Conley, a registered dietitian at Highlands, presented regarding the dietary recommendations for people with diabetes. Chastity stressed the importance of a well-balanced diet and reading food labels.



Room Filled to Capacity as Highlands Regional Medical Center Hosted its Fall Diabetes Conference

GLADE DIABETES EDUCATOR MEETINGS SCHEDULED

The Greater Louisville Association of Diabetes Educators (GLADE), which covers Louisville and the surrounding area, meets the 2nd Tuesday every other month. Registration required. Please register by contacting Diana Metcalf at Diana.Metcalf@nortonhealthcare.org.

Date: January 8, 2008
Location: Audubon Hospital, West Wing, Room G1
Time: 5 pm Meeting, 6 pm Dinner & Discussion
Speaker: Kim Minton RRT
 Regional Clinical Specialist, ResMed Inc.
Topic: *ABC's of Sleep—Disordered Breathing Type 2 diabetes & Associated Comorbidities*
RSVP: Ken Rick, Premier Home Care, Inc.
 (502) 643-6576

FIRST JOINT CONFERENCE A BIG SUCCESS!

For the first time ever, all four Kentucky American Association of Diabetes Educators Chapters (DECA, KADE, GLADE, TRADE), the state diabetes program (KDPCP) and the state diabetes coalition (KDN) held a joint diabetes continuing education program (CEU) in Louisville, Kentucky with 219 attendees including educators from Kentucky, Indiana, and Ohio! The conference was held in recognition of the first World Diabetes Day, 2007.

The seminar, a brainchild of Diane Davidson, was titled, **Diabetes: Solving the Management Puzzle**. Speakers and topics included: *Diabetes Management in a Hospital Setting* by Rainer Lenhardt, MD; *Intensive Insulin Therapy: Day to Day Practice* by Bruce Bode; *New Diabetes Medications and Technologies* by Patti Urbanski; *AADE Ambassador Message* by Kim DeCoste; *“Coaching” Techniques for Diabetes Management* by Dana Sue Hardin; and *Health Care System: The Diabetes Educator Fit* by Deborah Fillman.

The audience breakdown of 219 attendees included: Nurses 111; Dietitians 60; Nutritionists 4; Pharmacists 5; Physicians 4; Diabetes Collaborative Leaders 2; Diabetes Outreach Staff 1; Videotape Technician 1; and Exhibitors 31.

Revenue was generated by the conference, however, exact financial outcomes are not final since exhibitor fees and grants are still being received. Once a budget report is completed, members of the partnering organizations will decide how income generated from the conference will be divided or possibly saved for a future program. There is already “talk” of planning a second annual conference on World Diabetes Day 2008!!

DECA DIABETES EDUCATOR MEETINGS SCHEDULED

Diabetes Educators of the Cincinnati Area (DECA) (covers Northern Kentucky) invites anyone interested in diabetes to our programs. Please contact Susan Roszel, corresponding secretary at sroszel@fuse.net or Jana McElroy at jmcelroy@stelizabeth.com or call 859-344-2496. Meetings are held in Cincinnati.

Date: January—No meeting.

Date: February 18, 2008
Location: Good Samaritan Hospital, Cincinnati, OH
Topic: *Hypogonadism*

Date: March 17, 2008
Location: Good Samaritan Hospital, Cincinnati, OH
Topic: To be announced

Date: April 21, 2008—To be announced
Location: Good Samaritan Hospital, Cincinnati, OH
Topic: To be announced

KADE DIABETES EDUCATOR MEETINGS SCHEDULED

The Kentucky Association of Diabetes Educators (KADE), which covers Lexington and Central Kentucky, meets the 3rd Tuesday of every month except summer (time & location vary). For a schedule or more information, go to <http://kadenet.org/> or contact:

Dana Graves Diane Ballard
Phone: 859- 313-1282
E-mail: gravesdb@sjhlex.org DianeBallard@alltel.net

Date: February 19, 2008
Time: 6 pm—8 pm
Program: Meeting and CE Program
Speaker: To be announced
Topic: To be announced

Date: March 18, 2008
Meeting and CE Program
Details to be determined

Date: April 15, 2008
KADE Spring Symposium
Details to be determined

KENTUCKY DIABETES NETWORK (KDN) MEETINGS SCHEDULED

The Kentucky Diabetes Network (KDN) is a network of public and private providers striving to improve the treatment and outcomes for Kentuckians with diabetes, to promote early diagnosis, and ultimately to prevent the onset of diabetes.

Anyone interested in improving diabetes outcomes in KY may join. A membership form may be obtained at www.kentuckydiabetes.net or by calling 502-564-7996 (ask for diabetes program).

2008 meeting times are 10:00 am—3:00 pm EST

February 21, 2008 Diabetes Day at the Capitol
Frankfort

Date: March 14, 2008
Details to be determined

Date: June 13, 2008
Details to be determined

Date: September 12, 2008
Details to be determined

Date: November 7, 2008
Details to be determined

ENDOCRINOLOGISTS MEETINGS SCHEDULED

The Ohio River Regional Chapter of the American Association of Clinical Endocrinologists (AACE) and the Kentuckiana Endocrine Club (KEC) meet on a regular basis. For a schedule of meetings, contact: Dr. Vasti Broadstone, Phone: 812-949-5700 E-mail: joslin@FMHHS.com.

Date: January 23, 2008
Time: 6:30 pm
Location: Equus Restaurant
122 Sears Avenue
Louisville, Kentucky
Speaker: Clarian Transplant Team, Indianapolis, IN
Topic: *Pancreatic Transplants*
RSVP: 812-049-5700 or fax 812-949-5979

TRADE DIABETES EDUCATOR MEETINGS SCHEDULED

The Tri-State Association of Diabetes Educators (TRADE), which covers Western KY/Southern IN, meets quarterly from 11 – 2 pm CST with complimentary lunch and continuing education units. To register, call (270) 686-7747 ext. 5581 or email deborah.fillman@ky.gov.

Date: January 17, 2008
Time: 10:00 am– 2:00 pm
Location: Deaconess Gateway Hospital
4011 Gateway Blvd.
Newburgh, Indiana
Speaker: To be announced
Topic: *Weight Loss*

Date: April 17, 2008
Time: 11:00 am—2:00 pm
Location: OMHS Health Park
1006 Ford Avenue
Owensboro, KY
Speaker: Sherry Martin, MD
Topic: *The State of Diabetes: Clinical Trials*

Date: July 17, 2008
Time: 11:00 am—2:00 pm
Location: The Health & Wellness Center
Greenwood Mall
2625 Scottsville Road
Bowling Green, KY
Speaker: To be announced
Topic: To be announced

Kentucky Diabetes Connection



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Contact Information



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www.diabetes.org
1-888-DIABETES

KENTUCKY ASSOCIATION
of DIABETES EDUCATORS



Bluegrass/Eastern Chapter


www.kadenet.org



Juvenile
Diabetes
Research
Foundation
International

dedicated to finding a cure

www.jdrf.org/chapters/
KY/Kentuckiana
1-866-485-9397



TRADE
Tri-State Association
of Diabetes Educators

[www.aadenet.org/
AboutAADE/Chapters.html](http://www.aadenet.org/AboutAADE/Chapters.html)



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www.louisvillediababetes.org



DECE
Diabetes Educators Cincinnati Area

[www.aadenet.org/
AboutAADE/Chapters.html](http://www.aadenet.org/AboutAADE/Chapters.html)



KDN
KENTUCKY DIABETES NETWORK, INC.

www.kentuckydiabetes.net



KENTUCKY DIABETES PREVENTION
AND CONTROL PROGRAM

Kentucky
UNBROKEN SPIRIT

www.chfs.ky.gov/dph/ach/diabetes



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Endocrinologists

Ohio River Regional Chapter
www.aace.com

Kentuckiana Endocrine Club
joslin@fmhhs.com

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